

Wellness & Support Resources

Construction and trade work can be physically demanding, mentally exhausting, and emotionally isolating at times. Alewa Works believes supporting our community means supporting the well-being of our workers, families, and future generations too. Whether you need immediate help, counseling, recovery support, or community resources, these organizations are here to help.

Crisis & Immediate Support

- **Emergency Services (911)**

If you or someone else is in immediate danger, experiencing a medical emergency, or requires urgent police, fire, or ambulance assistance, call 911 immediately.

Phone: 911

- **Hawai'i CARES**

24/7 local crisis support, emotional distress assistance, suicide prevention, and behavioral health referrals across Hawai'i.

Website: <https://hicare.hawaii.gov/>

Phone: 988 or (808) 832-3100

Mental Health & Counseling

- **NAMI Hawaii**

Provides free mental health education, peer support groups, advocacy, family support, and community resources throughout Hawai'i.

Website: <https://namihawaii.org/>

Phone: (808) 591-1297

- **CARE Hawaii**

Offers mental health services, case management, housing support, youth services, counseling, and behavioral health programs statewide.

Website: <https://www.carehawaii.com/>

Phone: (808) 533-3936

- **NAAPIMHA**

Focused on mental wellness, advocacy, education, and culturally responsive behavioral health support for Asian American, Native Hawaiian, and Pacific Islander communities.

Website: <https://www.naapimha.org/>

Native Hawaiian & Family Support

- **Papa Ola Lōkahi**
Native Hawaiian health organization dedicated to improving the health and well-being of Native Hawaiian communities through culturally grounded programs, research, and community initiatives.
Website: <https://www.papaolalokahi.org/>
Phone: (808) 597-6550

Native Hawaiian & Family Support cont.

- **Lili'uokalani Trust (Wai Aka Program)**
Supports Native Hawaiian children, youth, and families through programs focused on emotional wellness, education, resilience, and community connection.
Website: <https://onipaa.org/>
Phone: (808) 466-8080

Recovery & Addiction Support

- **Hawaii Addiction Treatment Directory**
Statewide directory for substance abuse treatment, recovery programs, detox services, counseling, and addiction support resources across Hawai'i.
Website: <https://hi-sam.org/treatment-directory>
Phone: (808) 692-7506